

LEGAL NEEDS CHECKLIST

01

WILL THESE CHARGES IMPACT YOUR HOUSING SITUATION?

YES NO NOT SURE

IF YES, HOW? WILL YOU NOT BE ABLE TO LIVE AT YOUR HOME, BE EVICTED FROM YOUR HOME, NOT BE ABLE TO RETURN HOME BECAUSE OF A NO CONTACT ORDER OR BE REMOVED FROM SHELTER AVAILABILITY?

☐ ☐ ☐

02

WILL THESE CHARGES IMPACT YOUR CURRENT EMPLOYMENT OR FUTURE EMPLOYMENT?

YES NO NOT SURE

IF YOU ARE CURRENTLY EMPLOYED, WHERE AND WHAT IS YOUR GENERAL SCHEDULE? HAVE YOU BEEN ABLE TO NOTIFY YOUR EMPLOYER OF YOUR CURRENT CIRCUMSTANCES?

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03

WILL THESE CHARGES IMPACT YOUR EDUCATIONAL OPPORTUNITIES?

YES NO NOT SURE

IF YES, NOTE YOUR CURRENT PROGRAM/SCHOOL, IF ANY AND IF A RECORD CHECK IS REQUIRED.

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04

WILL THESE CHARGES IMPACT YOUR CURRENT FAMILY SITUATION?

YES NO NOT SURE

ARE YOU CURRENTLY INVOLVED WITH CAS? IF SO, DO YOU HAVE A FAMILY LAW MATTER ONGOING? DO YOU HAVE ACCESS OR VISITATION THAT THESE CHARGES WILL IMPACT?

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05

ARE YOU CURRENTLY RECEIVING OW OR ODSP?

YES NO NOT SURE

IF YES AND YOU WILL BE INCARCERATED, HAVE YOU CONTACTED YOUR CASEWORKER TO REQUEST CONTINUED SUPPORT?

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06

IF YOU LOSE YOUR OW OR ODSP, WILL YOU BE UNABLE TO PAY YOUR RENT?

YES NO NOT SURE

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07

ARE YOU CURRENTLY TAKING ANY PRESCRIPTION MEDICATION OR DRUG REPLACEMENT THERAPY?

YES NO NOT SURE

IF YES, HOW LONG HAVE YOU BEEN TAKING IT?

☐ ☐ ☐

08

ARE YOU CURRENTLY A NON-RESIDENT IN CANADA?

YES NO NOT SURE

IF YES, ARE YOU AWARE THAT THESE CHARGES COULD IMPACT YOUR IMMIGRATION STATUS?

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OTTAWA SERVICES

(Circle any that apply)

Ontario Works & ODSP

Downtown Location:
10 Laurier Avenue West
635-580-2400

Central Location:
370 Catherine Street
613-560-0622

South Location:
2020 Walkley Road
613-560-0624

John Howard Society of Ottawa

401 Bell Street South
613-789-7418
jjhsottawa@jhsottawa.ca

Ottawa Withdrawal Management Centre

1777 Montreal Road
613-241-1525

Salvation Army

171 George Street
613-241-1573

Community Legal Services of Ottawa

Downtown Location:
1 Nicholas Street, Suite 422
613-733-0140

South Location:
1355 Bank Street, Suite 406
613-733-0140

West Location:
1299 Richmond Road
613-733-0140

CMHA

311 McArthur Avenue, 2nd Floor
613-737-7791
general@cmhaottawa.ca

Royal Ottawa Mental Health Centre

1145 Caring Avenue
613-722-6521 ext. 6158

Notes
